

April/May 2019

Diary dates

Regular events;

Coffee and Chat in the Village Hall 10 till 12 (every 2nd Tuesday of the month).

Culworth Gang Contact: Judith Robbins on 07799 846313 for more information.

Parish Council Meeting Tuesday 14th May 7pm **Village Hall Committee Meeting** Thursday 16th May

Circle Dancing (every 1st Thursday afternoon). Contact Joan Gottowik on 760737 for more information.

Village Cafe 1st Saturday in the month. **Culworth Snappers**

Tai Chi noon every Tuesday from 17th April Culworth Book Club Thursday 4^h April

Other Events

Tuesday 2nd April Lent Lunch Village Hall
Tuesday 9th April Church Spring Clean from 10.00
Sunday 14th April Cricket Club Spring Clean
Monday 15^{tth} April Church AGM 5pm
Friday 26th April Film Night Stan and Ollie
Tuesday 30th April 7pm Parish Assembly
Saturday 4th May Culworth Snappers Exhibition and
Plant Stall at the village Café
Friday 7th June Film Night

New emergency numbers

105 power cuts 101 for Police 111 for NHS

Congratulations to Sally and Jamie on the birth of George in January.

Village Café

Culworth Village Hall 1st Saturday of the month 10 till 12

4th May Culworth Snappers Exhibition and Plant Stall

Culworth Book Club

The book for the next meeting is The Woman in the Window by A.J.Finn. Meeting on 4th April at 7.30 at Mary's house.

Any further info please contact Susan (therapysos@gmail.com)

Church Spring Clean

If you've got a spare hour on Tuesday 9th April please come and help us clean the church. Dusters and polish provided or bring your own! We will start about 10.30

STAN AND OLLIE

CULWORTH VILLAGE HALL
FRIDAY 26TH APRIL
DOORS OPEN 7PM
TICKETS £10 TO INCLUDE SUPPER-£5 FILM
ONLY

CALL JUNE 01295 768184 OR JULIE 760855
OR EMAIL jules.tinn@gmail.com TO BOOK
BRING YOUR OWN DRINKS & GLASSES

Culworth Primary Academy's Spring Auction, at Thorpe Manor on 9th March

Dear All,

What an amazing night we all had at Saturday night's auction, hosted by the CPSA at the wonderful Thorpe Manor. We had a very impressive turn out to this beautiful setting. Huge thanks to all involved with the planning, setting up, donating, buying tickets, bidding and drinking on the night!!! All these efforts mean we raised over £7000 in profit! We can confirm that we have now hit out target and the playground revamp will go

ahead as planned in the Easter holidays!! As with many other schools we're suffering as a result of the well advertised government cuts so how lucky we are to have such fabulous support from parents and locals within our community.

Well done one and all!

Gemma Clowes and Emma Hall

Culworth Hill Field Trust Update for the April Culworth Newsletter

The latest plans for the new recreational facility were presented by the Culworth Hill Field Trust (CHFT) at the recent public meetings and were displayed in the church and The Forge Coffee.

The main concerns expressed in the feedback received from the consultation process related to car parking - the number of spaces, impact, overflow access etc., and toilet facilities - number of toilets, location and type.

We have listened to your concerns and in response we have substantially revised the design to increase the number of car parking spaces, from five to fifteen, and increased the number of toilets and changed the type and location.

The planning application will shortly be formally lodged with SNC and will be available on line. The plans will be displayed in the Church and The Forge Coffee. We expect the planning process to take about three months. Once planning permission has been obtained, the next stage will be the detailed technical design of the building. This is when most of your detailed design comments and suggestions will be considered and addressed.

Working with our consultants, Ingham Pinnock Associates, we have started to approach the potential funders for this project. We have identified several significant opportunities, including HS2, SNC and the Department of Food and Environmental Rural Affairs, a government ministry.

Thank you once again for your comments and suggestions. This is a challenging project and we need your continued and enthusiastic support to deliver this exciting new facility for the village.

We will keep you updated on progress via the Culworth Newsletter and the website.

John Duggan

Chair of the Culworth Hill Field Trust (CHFT)

Annual Parish Assembly Tuesday April 30th at 7pm in Culworth Village Hall.

Cricket Club

Spring Clean is on Sunday 15th April from 10am. Do come along to help. Refreshments provided.

Litter pick

Thank you to everyone who participated in the Annual Litter Pick. I hope you felt your time was well spent. Residents should be grateful for your commitment. We shouldn't have to pick up litter but there are people who wish to despoil the countryside.

Martin Rowling

The Culworth Gang.

Meetings are in Culworth Village Hall every other Wednesday. 2-4

10th and 24th April

8th May – Working at the Wig Factory, Linda Mold 22nd May – How to avoid Banking Fraud from a representative of the Coventry Building Society 5th June Skittles

For any more information please call Judith Robbins on 07799 846313

Culworth Snappers

Culworth Snappers Camera Club will have an exhibition of our photos at the Saturday Village Cafe on May 4th

2019 Club Nights
19.30 hrs in the Village Hall

Tuesday 24th April Thursday 24th May Tuesday 26th June Thursday 26th July
Tuesday 28th August
Thursday 27th September
Tuesday 23rd October
Thursday 29th November
For further information contact
John Emmett 07867 918960

.

CULWORTH PARISH COUNCIL

Minutes of meeting held on Tuesday 8th January 2019 at 7pm in Culworth Village Hall

- 1. Councillors present: S. Rolt, D. Mumford, C. Lamb, M. Koster, M. Rowling and the Clerk Mrs J. Rowling
- 2. Apologies for absence were accepted from Cllr Guinness and Leadbeater
- 3. Members of public present- None
- 4. Declarations of Interest- Cllr Rolt as member of Culworth Hill Field Trust
- 5. OPEN MEETING- none
- 6. Minutes of 13th November 2018 were confirmed as correct and signed by the Chair.
- 7. Cricket Field update. Cllr Rolt has resigned as Chair due to conflicting interests with Parish Council. John Duggan is Chair.Parish Council in favour of Cllr Rolt continuing to represent Parish Council on CHFT. Public meetings to show plans of new community facility advertised with plans on display in Church and Forge Coffee from 16th January. Residents can leave their comments in a box provided before 2nd February. These will be collated before a planning application to SNC.Parish Council agreed to pay out of budgeted money for CHFT for Visualisation. Cllr Rolt noted the huge amount of work being carried out to achieve progress to date.
- 8. Village Maintenance
- a. Grit bins —Cllr Mumford reported that these are located at rear of school, adjacent Bankcroft, on Blackbird Hill, opposite Culworth Garage, on Pinson bank on High Street for Parish Council responsibility. Adequately filled at present, there is a supply of salt locally. NCC will maintain the grit bins located at top of Banbury Lane /High Street, and Sulgrave Road. P. came and Co insurance brokers have seen the NCC transfer document and advised PC no issues.
- b. Gullies and drains- some have been cleared. Report to Street Doctor if blocked.

- c. The Green bus shelter roof damaged by unknown vehicle leaving corner in dangerous condition. Chair and Vice Chair agreed with urgent repair and repaired by Help at Hand on 20th December.
- d. Litter pick March 2nd 10am at The Forge. Equipment ordered from SNC.
- e. Sulgrave Road sign- broken. Reported to SNC.
- f. Litterbins near both bus shelters broken. Reported to SNC for third time.
- g. Highways signs and bollards left after bridge closure. Clerk to contact NCC to ask for prompt removal
- h. Blackbird Hill bridge opened in mid December. Repair work carried out by R and C Williams Civil Engineers
- i. Gigaclear contractors BethMar will complete Culworth after Christmas.
- j. Street Lighting. Cllr Koster will contact Ofgem questioning increase in unit charges for unmetered street lights from 17.9p to 22.1p per unit. Cllr Rolt reported on impasse on school path lighting
- k. Defibrillator check 03/01/2019 satisfactory 13. Speed Monitoring and HS2 funding. Cllr Rolt stated that an application had been made to NCC for this work. All applications considered by NCC. Those with hazard conditions get higher priority. Clerk to forward latest meeting minutes from NCC and HS2 forum.
- I. HS2 and Eiffage Kier drop in session at Forge Coffee December 12th 9.30-4pm. Over 30 people attended. Further late afternoon to early evening session for late January to early February. OS map marked with route now available.
- m. Local Government reorganisation in Northamptonshire means that local elections due May 2019 have been postponed until May 2020.
- n. Bus Services Cllr Guinness will attend meeting at Sulgrave on 14 January.
- o. Plaque for amended Village Green sign to Karin and Dave Cook approved. Cost £75 plus VAT.
- p. Mowing contracts 2019. Burial Ground and recreation mowing. Clerk to confirm prices from Roger Smith who has taken over JMumford mowing contracts.

FINANCE. a. BUDGET for 2019-20. Included in December newsletter to all households. Agreed by all present b. Precept for 2019-2020 is £19500 agreed by all councillors c. Internal Controller report- none d. Receipts i. Rev B. Fairbank – fees

for ashes interment Nancy Banister £158 e. Payments since November meeting i. 19/11/2018 Culworth Village Hall Hire Aug- Nov inclusive £50 (000808)DM/BL ii. Viking/Mrs Rowling Litter pick sticks £32.90+£8.58=£39.48 (000809)DM/BL iii. Anglian Water Cricket field 16/8-15/11 £18.87(000810) DM/BL iv. 10/12/2018 Texprep Newsletters £99.30 (000811)DM/BL v. A.M.Mumford Mowing BG £66, Recreation Field £55 = £121(000812) DM/BL vi. Help at hand repair to bus shelter £168 (000813) BL/DM vii. HMRC 3rd instalment £249(000814)DM/BL viii. SLCC annual subscription(000815)DM/BL ix. Texprep Photocopying £11.78. Leaflets £15 VAT £2.36=£29.14 (000816)DM/BL x. EON Unmetered supply 1/10-31/12/2018 £263.65+VAT £13.18=£276.83 (000817) DM/SR xi. Mrs J. M. Rowling salary- Sept – December£996,Use of house £100,Broadband£75, Expenses £16.85=£1187.85(000818)DM/SR xii. Mrs J. Rowling for Alan Cleaver to dig ashes plot £40(000818)SR/DM xiii. Vr1 studios for visualisation for new Community Facility awaited xiv. 1and 1internet service for website DD £15.59 including £2.60VAT

f. Current account £15671.51 g. Deposit account £19051.95

PLANNING a. For information only... S/2018/2903/AGD Determination as to whether prior approval is required (under Class A of Part 6 of the above order) for the erection of an agricultural building in respect of: the siting, design and external appearance of the building Culworth Grounds Farm OX17 2HW b. SNC consent i. S/2018/2583/TCA and S/2018/2487/TCA Danvers House

- 21. Correspondence mostly emailed a. Clerks Councils direct b. NCC Budget Consultation c. NCALC Update
- 22. Letter to Mrs Barbara Bartlett- an ex resident of Culworth awarded BEM for services to the village of Chipping Warden.
- 23. Date of next scheduled meeting March 12th 2019 at 7pm
- 24. Meeting closed 8pm

Notice of Annual Parish Assembly

This will take place on Tuesday 30th April at 7pm in Culworth Village Hall. This meeting is chaired by the Chair of Culworth Parish Council Stuart Rolt but

is an open meeting for residents to raise any questions.

To date the agenda contains

- a) Financial report of Parish Council
- b) Chairmans report
- c) Charity report
- d) HS2
- e) Good neighbour scheme
- f) Buses- and transport
- g) Police report
- h) Report from school
- j) Report from St Mary's Church
- k) District and County Councillor will hopefully be present

Please note

Next planned meeting of Parish Council is Annual General Meeting on Tuesday May 14th at 7pm. A General meeting will follow the AGM

Jose has a village network list of emails. She sends any news or information out to all people on that list, including missing dogs, break-ins, 'What's On' etc. etc. in fact anything to do with village life. If you would like to be included, please email her... Josephine.rowling@gmail.com or culworthparishcouncilclerk@gmail.com

CULWORTH VILLAGE HALL

Minutes of Culworth Village Hall Committee Meeting Thursday 14th March 2019 at 7pm.

Those Present: June Oxley (Secretary)



Julie Tinn (Chair) Mark Izzett (Treasurer) John Emmett, Sarah Powell, Margaret Watts and Martin Rowling.

Apologies: Michelle Koster.

The Minutes of the last meeting were signed as correct.

Matters Arising: The replacement of the old strip light is pending and JE will check the wiring on the urn.

Conflict of Interest: JT declared a conflict of interest.

Chairman's Report: King of Thieves made a profit of £199.25 and First Man made £275 but the film invoice is still to come. In future it was decided that anyone ordering a fish and chip supper but could not attend should be charged for the cost of the supper. The next film will be Stan and Ollie on 26th April.

Update on CHFT: JT has received a draft Letter of Intent from BWB to the CHFT (Culworth Hill Field Trust). Some details need to be added .It was proposed by SP and seconded by MW that a Resolution should be passed that the Trustees of Culworth Village Hall, Queens street, Culworth, OX17 2AT intend to sell the Culworth Village Hall site and transfer the net profit of the sale (along with all other assets and liabilities held on behalf of the Trust) to CHFT (Charity No 1178257) subject to CHFT obtaining planning permission for a new Community Hall and that the Village Hall Committee are satisfied that the CHFT have secured the necessary funds to complete the project. This was agreed by the vote of six Trustees. JT abstained from voting due to a conflict of interest. JT will Email MK for her agreement. Update on agents to market the Hall: The two Estate Agents involved are Savils and Fisher Germann. FG felt that sealed bids may be detrimental to the sale and that the best price would be obtained by selling with full planning permission, JT will ask Jim Gosling (Architect) for his opinion on selling with full or outline planning permission. In the meantime seven Trustees gave a show of hands agreeing to go ahead with full planning in principal. JT to Email MK for her agreement.

Treasurers Report: The opening funds are £23,637.15 made up as follows: £20,946.11 (including Brian Harris's Estate of £5K) in NSA, £2560.32 In Santander and £130.72 in petty cash. There is one outstanding invoice of £127 for the film night. Booking income was high at £1430 with £872 from Pilates. Expenses (electricity, water, insurance etc.) was £305.41.

Buildings and Renewals: SP will order more paper towels for the dispensers.

AOB: MI will renew the ACRE license. Two resolutions were needed for the change of Bank Signatories 1. That JT, MI and JO should be signatories of NSI account and 2. That JT, JO and MI be signatories for the Santander account. All the trustees present voted to pass these resolutions.

MW informed the committee that T'Ai Chi on a Tuesday lunchtime was struggling with numbers and may have to close.

It was decided that the Fete would not go ahead this year due to the pressure of the amount of work being undertaken by the committee for the sale of the site unless someone from the village would like to organise it.

Rupert Rowling is still going ahead with his Fun Run on 15th Sept so perhaps a BBQ or refreshments could be incorporated with this.

The next meeting will be on Thursday 16th May at 7pm.

There being no other business the meeting closed at 9.15pm.

Julie Russell will now be holding her Pilates classes at her own studio in Greatworth and not Culworth Village phone Julie on 07778 673677 or email j.russell2006@btinternet.com

Village Hall

If you are looking for a local venue for your party, celebration lunch, meetings or any other get-together, why not think about our Village Hall? The hall is well equipped with all crockery, plates, glasses, etc. and is kept very clean and warm. Our rates are very competitive at only £12 per hour for occasional bookings To book just ring me (June) on 01295-768184. juneoxley99@gmail.com.

News from St Mary's



Services for
April and March
April
Sunday 7th Benefice Holy Communion
Culworth

Easter Week

Sunday 14th Palm Sunday 11.00am Family

Thursday 18th Maundy Thursday Holy Communion and Devotional 6pm

Sunday 21st Easter Day Holy Communion 11am

Sunday 28th 9.30 Holy Communion *May*

Sunday 5th May 10.00am Benefice Holy Communion Edgcote Sunday 12th 11.00am Family Service Sunday 19th 10.00am Matins

Sunday 26th 9.30 Holy Communion

Church Roof

A planning application has now been submitted to South Northants Council for a change of roofing material from lead to terne-coated Stainless steel (TCSS). This material looks like lead and since our suggestion of using concrete tiles (to fit in with some of the other roofing on the church) has been turned down this seems to be our best alternative to putting up yet more lead which in time would be stolen. The task of putting this material onto the roof is a specialist job and therefore we are limited to the contractors we can ask for quotes (presuming we get the planning permission).

We can only apologise to all those getting married in our lovely church this year. Hopefully the photographers can take photos without the tarpaulin being in them, and just hope it doesn't rain – the tarpaulin isn't completely watertight and the rain is very noisy on it.

As I said in the last newsletter, we will be having some fund raising events in the near future and will be calling on the generosity of the village to help us out when we have some idea of the cost. There is no other way, apart from trying to get a few grants, but for the local community to pay for the inconsiderate and costly deeds of a few thieves. The church belongs to the village and when we have some idea of the cost we hope the village will help us repair our church.

Lent Lunches

Thank you to everyone who supported our Lent Lunches and also gave donations. £240 has been sent to Brackley Food Bank.

Hope Centre and Night Shelter Northampton

As ever they were extremely grateful for our donations. The night shelter seemed busier than ever. The kind donor of cooking pans and mixers was well received. Blankets, coats jeans and toiletries are received with open arms. Thank you all for your generosity. I won't be going to the night shelter now until well after Easter.

Jose

Help needed to mow the churchyard!

Thank you to everyone who volunteered to mow the grass last year. The rota has worked really well for the past 2 years and all slots were filled. We now need volunteers for this year.

Would you be prepared to be on a rota to mow the churchyard? Takes about an hour (I was told last year that was a bit optimistic and from experience some cuts in the summer take a bit longer!) Top of the range motor mower provided. Please help. Each volunteer to be responsible for 2 week slots in the year.

Please fill in the rota on the table in church

Church Spring Clean

If you've got a spare hour on Tuesday 9th April please come and help us clean the church. Dusters and polish provided or bring your own! We will start about 10.00

Phoebe Stewart

Phoebe died peacefully on March 8th at home aged 93. She will be remembered as one of our most

familiar residents for many years taking a daily walk around the centre of the village, first with her dogs and in more recent years with the help of her carers and a walking frame.

Phoebe came to live in Culworth 20 years ago from Scotland to be near her two sons, Ian and James. She was brought up in Stratton Audley and soon after her father died in 1938 she took on the roll of running the family farm. She was one of the first women to attend Agricultural college. She married in 1952 Lt Col DN Stewart DSO MC a distinguished military officer and horseman (he was in the triumphant Olympic Team of 1952, winning Britain's only gold medal of the games) and spent her first years of married life with him in Africa. When he came out of the army they bought a farm near Aynho but then in 1968 her husband persuaded her to move up to Scotland, his home country. They bought a farm in The Borders and here she was instrumental in starting up The Riding for Disabled group. After her husband's death in 1991 she stayed for a few years before returning to her more familiar part of the country and moving into the house that was built for her in Culworth. Her funeral on Tuesday 26th March in Culworth Church was full, and was held mainly so villagers could show their respect for a wonderful old lady.

Now We Are Six

This goes out to all 6 villages in the Benefice and so is read by a lot of people. If you would like to advertise your business in this, our rates are very competitive and start at only £60 for a whole year. For more information, please ring June Oxley on 01295 768184 or Email juneoxley99@gmail.com.

Go-Ride fun Grass Track Races and Riding Event on the cricket field

A very successful cycling event was held on the cricket field during the February half term under the able instruction of Catherine Ruffley. There could be other cycling events during the Easter holidays. Who would be interested? Children were thrilled to win medals. Do contact Jose or Catherine (07940 738285) direct. She lives in the village.

Queen Street Closure

Queen Street will be closed for one day on May 10th to allow for a cradle to be put in place.

Culworth Junior Cricket Club Spring Newsletter

Spring is here and the sun is shining, so this means the start of the cricket season is

nearly on us. Although I am sure it will get colder the closer to April we get.

The club is preparing well. We have replaced the broken concrete on the run up of the nets, and we will be getting a new net, as the previous nets had too many holes in it.

Some of our players have been in county and district trials. To date India Harrison has been selected to play for Northants county at under 17, and we have other children doing district training and selections.

We will be having a Sunday morning spring clean in early April to prepare the ground and pavilion for the new season.

The new season starts with the first practise session on Tuesday 23rd April at 6pm. Everyone is welcome between the ages of 6-16. We will be entering four teams into the South Northants Junior Cricket League. This is kwik cricket (under 9s), Under 11s, Under 13s (joint with Marston St Lawrence) and Under 15s (joint with Marston St Lawrence). We will be continuing our aim of actively encourage girls into the club. We are very close to be able to muster up a ladies / girls team for possible friendlies. If any ladies in the village would like to try their hand at cricket, do get in touch.

We are also always looking for volunteers to help with mowing the outfield during the week days, as all of our parents are working, and the ground really does need mowing at least twice a week. Please contact me if you can spare an hour a week to help.

To find our more information about the club, please call Jim on 07860 638557, or email me on jpowell@jspmanagement.co.uk. You can also follow the club's progress during the season on http://culworth.play-cricket.com/.



Thank You From Emily

Emily and family would like to say a big thank you

to the Parish council for updating the oak tree memorial plaque on the green dedicated to her dad to now include her mums name too

SOUTH NORTHANTS NEWS

Bins Over Easter

Easter opening hours and bin collections Bin collections will go ahead as usual over Easter but South Northamptonshire Council offices will close for Good Friday and Easter Monday.

Residents who usually have their bins emptied on a Friday or Monday will be asked to put their bins out as usual as crews will work the bank holidays to ensure services are unaffected by the Easter break.

NORTHAMPTONSHIRE HEALTH AND CARE PARTNERSHIP

The Northamptonshire Health and Care Partnership (NHCP) has published a new overview booklet, providing a public summary of the work it is doing together as county health and care organisations and why it is doing it. The purpose of the booklet is to aid the public understanding of the health and care system in Northamptonshire and why there is a need for to improve the way things are done locally as a Partnership. It also sets out the priorities for working together towards a vision for a positive lifetime of health, wellbeing and care in the community. You can download the new overview booklet from the NHCP website at

https://bit.ly/2FLu3Yo. Parish and town councils are asked to share a link via their own websites — and, if possible, print a copy or two to make available to members of the public without access to the Internet. Visit

<u>www.northamptonshirehcp.co.uk</u> for more information.

FIX MY STREET

Northamptonshire County Council (NCC) is closing down Street Doctor and moving everything over to a new system called Fix My Street. Street Doctor will be unavailable from around 5:00pm on Monday and the new system will go live on Tuesday. Current reports will be moved over so they shouldn't have to be resubmitted and the old report reference numbers should still work. Fix My Street is simpler to use and mobile responsive and it allows photos to be attached to reports. The new system will be available via links at www.northamptonshire.gov.uk. A direct link will be issued after go-live.

HS₂

Wondered why work has stopped at Chipping Warden? Is there still yet hope this white elephant will be cancelled?

HS2 News – Dawnus working on behalf of Fusion Posted on Mar 19th 2019 by Area Central Engagement Team

Dawnus working on behalf of Fusion, HS2's Enabling Works Contractor, entered administration at the end of last week.

The news about Dawnus is disappointing for them and the wider UK construction industry. HS2 and Fusion are working hard to implement contingency plans to ensure works continue and are delivered with minimal disruption.

We will keep the community and residents updated as these plans develop.

If you have any questions, please do not hesitate to contact the HS2 enquiries team on 08081 434 434 or via HS2enquiries@hs2.org.



CULWORTH VILLAGE HALL
FRIDAY 26TH APRIL
DOORS OPEN 7PM
TICKETS £10 TO INCLUDE SUPPER-£5 FILM
ONLY

CALL JUNE 01295 768184 OR JULIE 760855
OR EMAIL jules.tinn@gmail.com TO BOOK
BRING YOUR OWN DRINKS & GLASSES

Culworth Snappers Camera Club

exhibition of our photos
Saturday Village Cafe on May 4th

Events at Canons Ashby

25 May -23 August 10-4pm Moths and Butterflies family trail Flitter and flutter across the parkland looking for our British butterflies and moths, then pick up your sticker from the Coach House shop. Normal admission prices.

27-31 May 11-3pm Plant it, grow it, eat it Get green fingered and plant something to grow and nurture at home, and earn a sticker for your 50 things to do. £1 and normal admission prices.

8 - 23

June 10-4 Father's Day Trail Explore the grounds and discover fascinating parts of Canons Ashby you might not normally notice. Also suitable for Grandads, Mums, Aunties and anyone else who wants to have a go. Normal admission prices.

Information about visiting, our history, work and projects, and upcoming events can all be found on our website www.nationaltrust.org.uk/canonsashby You can follow us on Facebook, Twitter and Instagram at @CanonsAshbyNT

Seen on a teatowel in Culworth Village Halluseful advice

Love Food- hate waste. QUICK STEPS to reduce food waste

- PLAN YOUR MEALS- plan your meals over a few days checking what you have and what you need to buy
- 2) Practice portion control- Don't let your eyes be bigger than your stomach
- 3) Make the use of your freezer-many foods approaching their use by dates can be popped in the freezer and eaten later.
- 3) Use your freezer for leftovers to give you a ready meal for another day.
- 4) Use food in use by/best before date order-Remember a best before date is just what it says 'best before'. Except for eggs, food should still be safe to eat after this date but may not be at its best. You can ignore sell by/display until dates. These are for shop staff not shoppers.
- 5) Make a shopping list and stick to it. We all get temped by special offers but it's not a bargain if it ends up in the bin. Make sure you will be able to eat it before you buy. Don't forget to check your fridge and cupboards before you make your list
- 6) Use your leftovers for another meal. A long time ago we used to know how to turn leftovers into new meals: far too much goes in the bin now. Ask an older relative for help and recipes or make up your own.
- 7) Keep your fridge at the right temperature. To keep food fresher for longer make sure your fridge is between 0 and 5 degrees centigrade. Most vegetables and fruit can be kept in the fridge to make them last longer.

Produced by Oxfordshire Waste Partnership www.oxfordshirewaste.gov.uk 08450504550

Equality Statement

Culworth Parish Council aims to serve the needs of all the individuals and businesses resident within the Culworth Parish. We aim to provide fair and equal opportunities for all and consider all backgrounds and the needs of relevant groups when providing services and facilities within its responsibility.

Should any requirements be lacking, the Council will

Should any requirements be lacking, the Council will consider the best possible solution or provision within its regular meetings. Should any issues need to be tackled urgently, individual councillors can be contacted and exceptional meetings may be called

Welcome to the April edition of the Culworth Newsletter. If you have anything that you think might be of interest, please send any articles/information by email to jenny_howse@hotmail.com or post any hard copy articles through my door at Bankcroft (last house before the Eydon turn).

Closing date for the next edition is Friday 24th May.

'Whilst the Parish Council fund the publication of the newsletter, the views expressed in it may not be those of the Parish Council'